

## Ball prellen

Werte = Anzahl (Zeitdauer: 30 Sekunden)

Mädchen	U10	U13	U15	Mädchen
1	-21	-21	-27	1
2	22	22-23	28	2
3	23	24	29-30	3
4	24	25-26	31	4
5	25	27	32-33	5
6	26	28-29	34	6
7	27	30	35	7
8	28	31-32	36-37	8
9	29	33	38	9
10	30	34-35	39-40	10
11	31	36-37	41	11
12	32	38	42	12
13	33	39-40	43-44	13
14	34	41	45	14
15	35	42-43	46-47	15
16	36	44	48	16
17	37	45-46	49	17
18	38	47	50	18
19	39	48-49	51-52	19
20	40+	50+	53+	20

Jungen	U10	U13	U15	Jungen
1	-19	-23	-27	1
2	20-21	24-25	28-29	2
3	22	26	30	3
4	23-24	27-28	31-32	4
5	25	29	33	5
6	26-27	30-31	34-35	6
7	28	32	36	7
8	29-30	33-34	37-38	8
9	31	35	39	9
10	32-33	36-37	40-41	10
11	34	38-39	42	11
12	35-36	40	43-44	12
13	37	41-42	45	13
14	38-39	43	46-47	14
15	40	44-45	48	15
16	41-42	46	49-50	16
17	43	47-48	51	17
18	44-45	49	52-53	18
19	46	50-51	54	19
20	47+	52+	55+	20

## Zielwurf

Werte = 5 Würfe x Punktezone

<b>Mädchen</b>	U10	U13	U15	<b>Mädchen</b>
<b>1</b>	-2.5	-5	-5	<b>1</b>
<b>2</b>	3	5.5	5.5-6	<b>2</b>
<b>3</b>	3.5	6	6.5	<b>3</b>
<b>4</b>	4	6.5	7	<b>4</b>
<b>5</b>	4.5	7	7.5	<b>5</b>
<b>6</b>	5	7.5	8	<b>6</b>
<b>7</b>	5.5	8	8.5	<b>7</b>
<b>8</b>	6	8.5	9	<b>8</b>
<b>9</b>	6.5	9	9.5	<b>9</b>
<b>10</b>	7-7.5	9.5	10	<b>10</b>
<b>11</b>	8	10	10.5	<b>11</b>
<b>12</b>	8.5	10.5	11	<b>12</b>
<b>13</b>	9	11	11.5	<b>13</b>
<b>14</b>	9.5	11.5	12	<b>14</b>
<b>15</b>	10	12	12.5	<b>15</b>
<b>16</b>	10.5-11	12.5	13	<b>16</b>
<b>17</b>	11.5	13	13.5	<b>17</b>
<b>18</b>	12	13.5	14	<b>18</b>
<b>19</b>	12.5	14	14.5	<b>19</b>
<b>20</b>	13+	14.5+	15	<b>20</b>

<b>Jungen</b>	U10	U13	U15	<b>Jungen</b>
<b>1</b>	-3	-5.5	-5.5	<b>1</b>
<b>2</b>	3.5	6	6	<b>2</b>
<b>3</b>	4	6.5	6.5	<b>3</b>
<b>4</b>	4.5	7	7	<b>4</b>
<b>5</b>	5	7.5	7.5	<b>5</b>
<b>6</b>	5.5	8	8	<b>6</b>
<b>7</b>	6	8.5	8.5	<b>7</b>
<b>8</b>	6.5	9	9	<b>8</b>
<b>9</b>	7	9.5	9.5	<b>9</b>
<b>10</b>	7.5	10	10	<b>10</b>
<b>11</b>	8	10.5	10.5	<b>11</b>
<b>12</b>	8.5-9	11	11	<b>12</b>
<b>13</b>	9.5	11.5	11.5	<b>13</b>
<b>14</b>	10	12	12	<b>14</b>
<b>15</b>	10.5	12.5	12.5	<b>15</b>
<b>16</b>	11	13	13	<b>16</b>
<b>17</b>	11.5-12	13.5	13.5	<b>17</b>
<b>18</b>	12.5	14	14	<b>18</b>
<b>19</b>	13-13.5	14.5	14.5	<b>19</b>
<b>20</b>	14+	15	15	<b>20</b>

## Standhochsprung

Werte = Höhe in cm

Mädchen	U10	U13	U15	Mädchen
1	-13	-20	-21	1
2	14-15	21	22	2
3	16	22	23	3
4	17	23	24	4
5	18	24	25	5
6	19	25	26-27	6
7	20	26	28	7
8	21	27	29	8
9	22	28	30	9
10	23	29	31	10
11	24	30	32	11
12	25	31	33	12
13	26	32	34	13
14	27	33	35-36	14
15	28	34	37	15
16	29	35	38	16
17	30	36-37	39-40	17
18	31	38-39	41	18
19	32-33	40-41	42	19
20	34+	42+	43+	20

Jungen	U10	U13	U15	Jungen
1	-15	-20	-21	1
2	16	21	22	2
3	17	22-23	23-24	3
4	18	24	25-26	4
5	19	25	27	5
6	20	26	28-30	6
7	21	27-28	31-34	7
8	22	29	35	8
9	23	30	36-37	9
10	24	31	38-39	10
11	25	32-33	40	11
12	26	34	41	12
13	27	35	42-43	13
14	28	36	44-45	14
15	29	37	46-47	15
16	30	38	48	16
17	31-32	39-40	49-51	17
18	33-34	41	52-55	18
19	35	42	56-58	19
20	36+	43+	59+	20

## Stufensteigen

Werte = Anzahl (Zeitdauer: 60 Sekunden)

Mädchen	U10	U13	U15	Mädchen
1				1
2				2
3				3
4				4
5	-28	-30	-32	5
6	29	31	33-34	6
7	30	32-33	35	7
8	31	34	36	8
9	32	35	37-38	9
10	33	36	39	10
11	34	37	40	11
12	35-36	38-39	41-42	12
13	37	40	43	13
14	38	41	44	14
15	39	42	45-46	15
16	40	43	47	16
17	41	44-45	48	17
18	42	46	49-50	18
19	43	47	51	19
20	44+	48+	52+	20

Jungen	U10	U13	U15	Jungen
1				1
2				2
3				3
4				4
5	-28	-31	33-34	5
6	29	32-33	35-36	6
7	30	34	37	7
8	31	35	38-39	8
9	32	36	40-41	9
10	33	37-38	42-43	10
11	34	39	44-45	11
12	35-36	40	46	12
13	37	41	47-48	13
14	38	42-43	49-50	14
15	39	44	51-52	15
16	40	45	53-54	16
17	41	46	55	17
18	42	47-48	56-57	18
19	43	49	58-59	19
20	44+	50+	60+	20

## Mobilo-Brücke

Werte = Länge in cm

Mädchen	U10	U13	U15	Mädchen
1				1
2				2
3				3
4	-59	-69	-79	4
5	60-91	70-123	80-134	5
6	92-123	124-177	135-188	6
7	124-155	178-232	189-243	7
8	156-187	233-286	244-298	8
9	188-219	287-340	299-352	9
10	220-251	341-394	353-407	10
11	252-283	395-448	408-462	11
12	284-315	449-503	463-516	12
13	316-347	504-557	517-571	13
14	348-379	558-611	572-626	14
15	380-411	612-665	627-680	15
16	412-443	666-719	681-735	16
17	444-475	720-774	736-790	17
18	476-507	775-828	791-844	18
19	508-539	829-882	845-899	19
20	540+	883+	900+	20

Jungen	U10	U13	U15	Jungen
1				1
2				2
3				3
4	-59	-74	-84	4
5	60-91	75-132	85-146	5
6	92-123	133-190	147-209	6
7	124-155	191-248	210-271	7
8	156-187	249-307	272-333	8
9	188-219	308-365	334-396	9
10	220-251	366-423	397-458	10
11	252-283	424-481	459-520	11
12	284-315	482-539	521-583	12
13	316-347	540-597	584-645	13
14	348-379	598-655	646-707	14
15	380-411	656-713	708-770	15
16	412-443	714-772	771-832	16
17	444-475	773-830	833-894	17
18	476-507	831-888	895-957	18
19	508-539	889-946	958-1019	19
20	540+	947+	1020+	20